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0031-3998/85/1903-0292\$02.00/0

PEDIATRIC RESEARCH

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Vol. 19, No. 3, 1985

Printed in U.S.A.

Postheparin Plasma Lipases and Carnitine in Infants during Parenteral Nutrition

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ABSTRACT. Lipoprotein lipase is the rate-limiting factor for hydrolyzing triglycerides to glycerol and fatty acids. Carnitine is a cofactor in the transport of long-chain fatty acids through the mitochondrial membrane for oxidation. To assess these determinants of fat utilization during total parenteral nutrition, lipoprotein and hepatic lipase activities and carnitine concentrations of nine newborn infants, operated on because of gastrointestinal anomalies during the first day of life, were measured with specific methods. Total parenteral nutrition was built up in 3 days whereafter the infants received 3 g/kg of fat at a constant rate of infusion for 24 h/day. Lipoprotein lipase activity of postheparin plasma increased from 14 to 35 μmol free fatty acids/ml/h during parenteral nutrition whereas hepatic lipase activity remained unchanged at 40 μmol free fatty acids/ml/h. Serum free carnitine and acylcarnitine levels decreased significantly during parenteral nutrition; urinary excretion of carnitine decreased also. In addition, serum cholesterol and phospholipids increased markedly during parenteral nutrition whereas serum triglycerides, free fatty acids, and blood β -hydroxybutyrate remained unchanged. Serum apolipoprotein A-I concentrations were unaltered, apolipoprotein A-II underwent a transient increase, and apolipoprotein B increased monotonically during parenteral nutrition. The results suggest that under the present circumstances neither lipoprotein lipase activity nor carnitine resources are rate-limiting for the utilization of fat in newborn infants during total parenteral nutrition. (*Pediatr Res* 19: 292-296, 1985)

Lipoprotein lipase is the rate-limiting factor for clearance of fat from the circulation; it hydrolyzes triglycerides of lipoproteins and fat emulsion particles to glycerol and free fatty acids (4, 19). Carnitine is essential for facilitated transport of long-chain free fatty acids across the mitochondrial membrane (9).

Lipoprotein lipase in newborn infants is usually estimated by determining postheparin plasma lipolytic activity (6, 8). Postheparin plasma, however, contains hepatic lipase too (14, 26). The function of hepatic lipase is unsettled (11, 15, 16, 18, 19) but its activity in infants is about three times the activity of lipoprotein lipase (26, 27). In addition, these two lipases can vary independently (26, 27). Hence, postheparin plasma lipolytic activity is an inadequate measure of lipoprotein lipase.

Adults can synthesize the carnitine they need. Therefore, carnitine is not considered an essential nutrient. Newborn infants may not, however, be capable of sufficient carnitine synthesis. Therefore, infants may be dependent on nutritional sources of carnitine, such as milk. Infants receiving carnitine-free total parenteral nutrition are at risk of developing carnitine deficiency characterized by decreased blood concentration and tissue content of carnitine (2, 20, 24, 28). Reduced carnitine intake may impair fatty acid oxidation and diminish ketogenesis after fat infusion; these deficiencies can be corrected with supplementary carnitine (23, 29).

To study the role of the principal regulators of fat metabolism in newborn infants lipoprotein lipase and hepatic lipase activities and carnitine concentrations were measured during parenteral nutrition.

PATIENTS AND METHODS

Patients. The patients were nine newborn infants who required surgical operation and parenteral nutrition because of gastrointestinal tract anomalies (Table 1). Surgery was performed under general anesthesia during the first day of life. For subsequent parenteral nutrition seven infants received central venous catheters and two infants (patients 4 and 5) peripheral venous catheters; none had a continuous heparin infusion. After the opera-

Received April 5, 1984; accepted October 24, 1984.

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This research was supported by Foundation for Pediatric Research, Huhtamäki OY Leiras Pharmaceuticals, Hilma and Heikki Honkanen's Foundation, Foundation of Nutritional Research, the Finnish Academy, Finnish Foundation for Culture, Sigrid Juselius Foundation, and Nordisk Insulinfond.

Table 1. Clinical data of the newborn infants studied

Patient	Gestational age (wk)	Birth wt (g)	Reason for surgical operation	Duration of total parenteral nutrition (days)	Outcome
1	39	3600	Jejunal atresia	16	Cystic fibrosis diagnosed at the age of 4 mo
2	41	2820	Gastroschisis	13	Recovered
3	39	3800	Ileal atresia	8	Recovered
4	37	1840	Omphalocele	5	Truncus arteriosus: died at the age of 2 wk
5	37	2740	Omphalocele	5	Recovered
6	41	2810	Omphalocele	10	Plastic operation at the age of 1 yr, recovered
7	35	2790	Midgut volvulus and short bowel syndrome	160	Cholestasis and two episodes of septicemia: died at the age of 5 mo
8	33	2300	Duodenal atresia	72	Cholestasis and two episodes of septicemia, recovered
9	37	2300	Jejunal atresia	21	Chronic malabsorption

tion the infants were transferred to the intensive care unit and treated in a respirator during the first 2 days of life. Three infants (patients 2, 6, and 8) needed respiratory support for one week because of abdominal distension. Four of the infants needed phototherapy because of hyperbilirubinemia; one of them (patient 5) had blood group incompatibility.

Parenteral nutrition. During the first 2 days of life the infants received 10% glucose infusion. Parenteral nutrition was started on the 3rd day and built up during 3 days: amino acid and fat infusions were increased by 1 g/kg per day. Amino acids were given as 8.9% crystalline solution (Aminosteril II, Medipolar, Oulu, Finland), and fat as 10% emulsion of soybean oil (Intralipid, Kabi Vitrum, Sweden). After the build-up all infants received 2.7 g/kg of amino acids, and 3 g/kg of fat at a constant rate of infusion each 24 h. The rate of glucose infusion was adjusted according to individual tolerance. During the first 3 days of life the amount of nonnitrogen calories (two-thirds from glucose as 10–30% solution) was about 40 kcal/kg/day, between the 4th and 9th day 60–70 kcal/kg/day, and after the 10th day 80–100 kcal/kg/day. The total volume of infusion was 100–150 ml/kg/day. In addition, the infants received normal daily allowances (7) of minerals (Na, K, Ca, P, Mg), trace minerals (Tracefusin, Leiras, Turku, Finland), and vitamins (Soluvit and Vitaplipid Infant, KabiVitrum Sweden). On the average, weight gain started at the age of 5 days and was 16 g/day. Serum urea-nitrogen concentration remained below 15 mg/dl during parenteral nutrition.

Blood and urine samples. During the first 2–3 wk of parenteral nutrition blood samples of 2–3 ml were taken every other day. Later, blood samples were taken once a week. Routine laboratory measures (7) and concentrations of serum triglycerides, cholesterol, apolipoproteins A-I, A-II, and B, phospholipids, free fatty acids, free carnitine and acylcarnitine, and blood β -hydroxybutyric acid were determined from these samples.

After discontinuation of parenteral nutrition, when the infants had been solely on breast milk for 1 wk, blood samples were taken from patients 1–6 for measuring serum cholesterol, phospholipids, apolipoproteins A-I, A-II, and B, and free carnitine and acylcarnitine.

Plasma lipoprotein and hepatic lipase activities and serum insulin were measured once before the beginning of parenteral nutrition with fat emulsion and amino acid solution. The measurement was repeated once between the 4th and 9th day, once between the 10th and 20th day, and later once a month. Each time a blood sample was first taken to measure serum insulin and the basal activities of the lipases. Then a heparin dose of 100 IU/kg was given intravenously. Fifteen minutes later a blood

sample was taken to measure lipase activities. Fat infusion was discontinued for 2 h before and after heparin administration.

Urine was collected for 24 h before the beginning of parenteral nutrition with fat emulsion and amino acid solution. The collection was repeated during the 10th day and thereafter once a month (patients 7 and 8). Total carnitine concentrations were determined from these samples.

Biochemical assays. Serum triglyceride and cholesterol concentrations were measured with an enzymatic method (commercial reagent kit no. 187313 for cholesterol and no. 29771 for triglycerides, Boehringer Diagnostica GmbH, Mannheim, West Germany). Serum phospholipid concentration was measured as inorganic phosphate (1). Serum apolipoprotein A-I, A-II, and B concentrations were measured with a radial immunodiffusion method (3, 5). Serum free fatty acid concentration was measured with an enzymatic method (Nefa C-Test, Wako, Wako Pure Chemical Industries LTD, Japan). Blood β -hydroxybutyric acid concentration was measured with a fluorometric method (21). Serum insulin concentration was measured using radioimmunoassay (commercial kit, Amersham, Bucks, England). Free and total carnitine concentrations were measured with the method of McGarry and Foster (17) modified according to Novak *et al.* (20) for both serum and tissue. Acylcarnitine was calculated by subtracting free carnitine from total carnitine. Postheparin plasma lipoprotein and hepatic lipase activities were measured with the immunochemical method of Huttunen *et al.* (14): lipoprotein lipase was measured after inactivating hepatic lipase with a specific antiserum; hepatic lipase was measured at 1 M NaCl concentration inactivating lipoprotein lipase, no serum was added. The activities are expressed in μ mol of free fatty acid released from radioactive triolein substrate per 1 ml of plasma in 1 h.

Statistical analysis. One-way analysis of variance for repeated measures with age group as a within factor was performed under the assumption of normal distribution with P2V of the BMDP statistical software.

The study protocol was approved by the Ethical Committee of the Children's Hospital, University of Helsinki.

RESULTS

Serum cholesterol (Fig. 1A) and phospholipid (Fig. 1B) concentrations increased markedly ($p < 0.0001$) during parenteral nutrition. In contrast, serum triglyceride, free fatty acid, and blood β -hydroxybutyrate levels (Fig. 2) remained practically unchanged. Only during the first 2 days of parenteral nutrition did two infants have triglyceride concentrations higher than 3.0

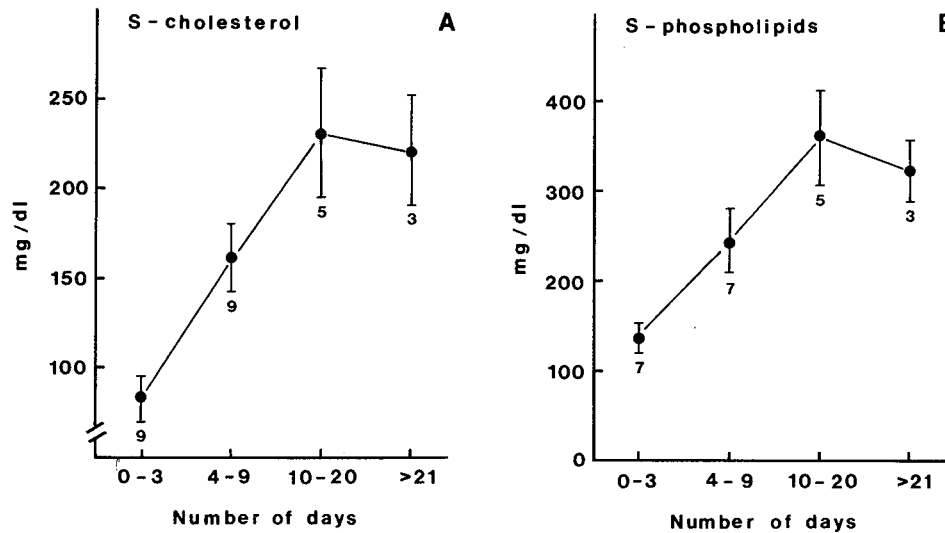


Fig. 1. Serum cholesterol and phospholipid concentrations (mean \pm SEM) of newborn infants during parenteral nutrition. Number of days indicates age and the duration of parenteral nutrition. Numbers close to curves refer to the number of patients.

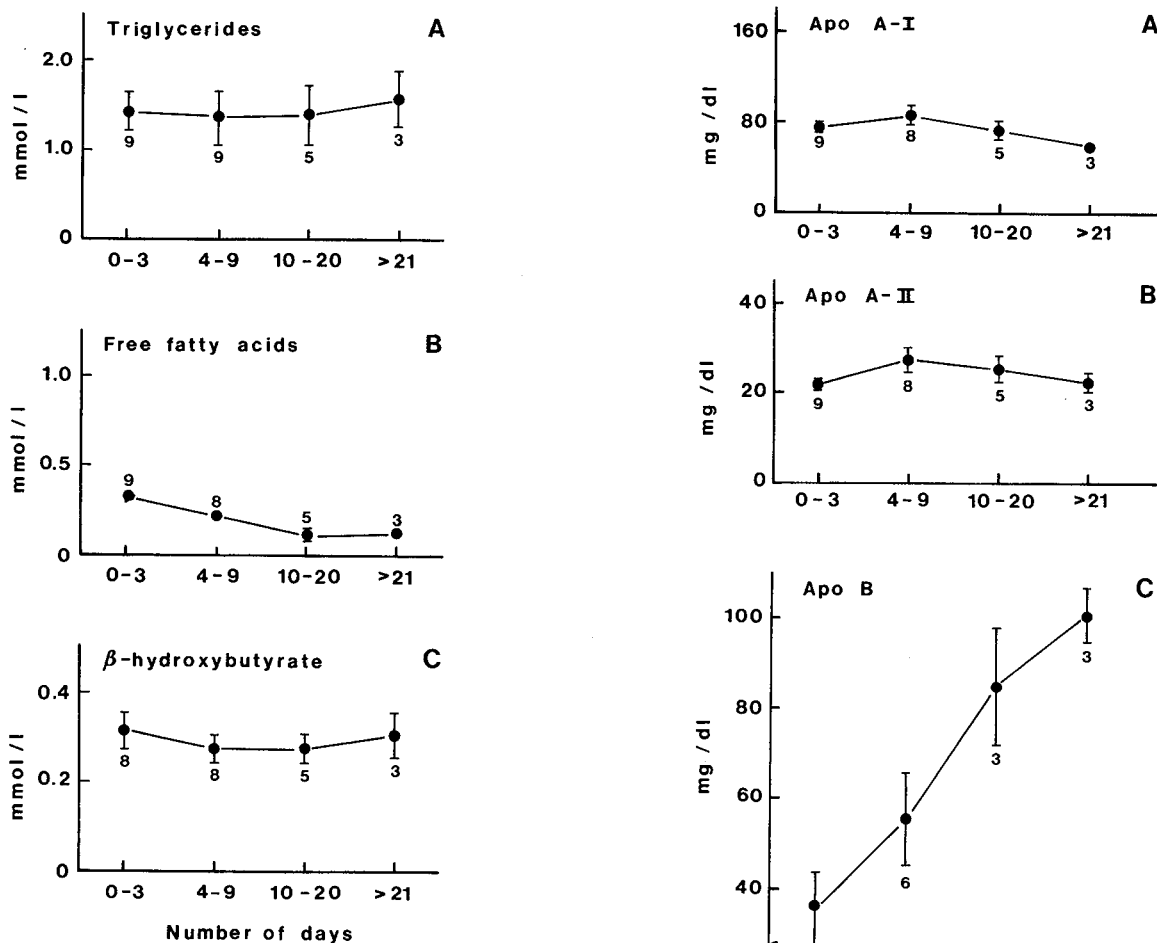


Fig. 2. Serum triglyceride, free fatty acid, and β -hydroxybutyrate concentrations (mean \pm SEM) of newborn infants during parenteral nutrition. For other details see Figure 1.

mmol/liter. Hence, the triglycerides infused were eliminated efficiently.

During parenteral nutrition apolipoprotein A-I (Fig. 3A) remained practically unchanged, apolipoprotein A-II (Fig. 3B) first increased and then decreased ($p < 0.05$), and apolipoprotein B (Fig. 3C) increased monotonically ($p < 0.05$).

The mean lipoprotein and hepatic lipase activities (Fig. 4, 0-

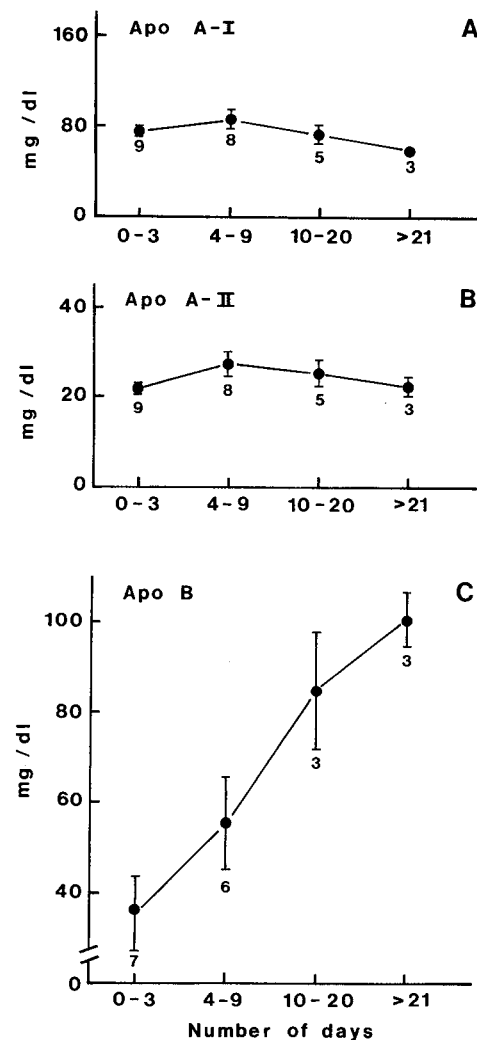


Fig. 3. Serum apolipoprotein A-I, A-II, and B concentrations (mean \pm SEM) of newborn infants during parenteral nutrition. For other details see Figure 1.

3 days) were normal (25, 26) before the beginning of the infusion of fat emulsion and amino acids. During parenteral nutrition lipoprotein lipase activity (Fig. 4A) increased considerably ($p < 0.01$), whereas hepatic lipase activity (Fig. 4B) remained con-

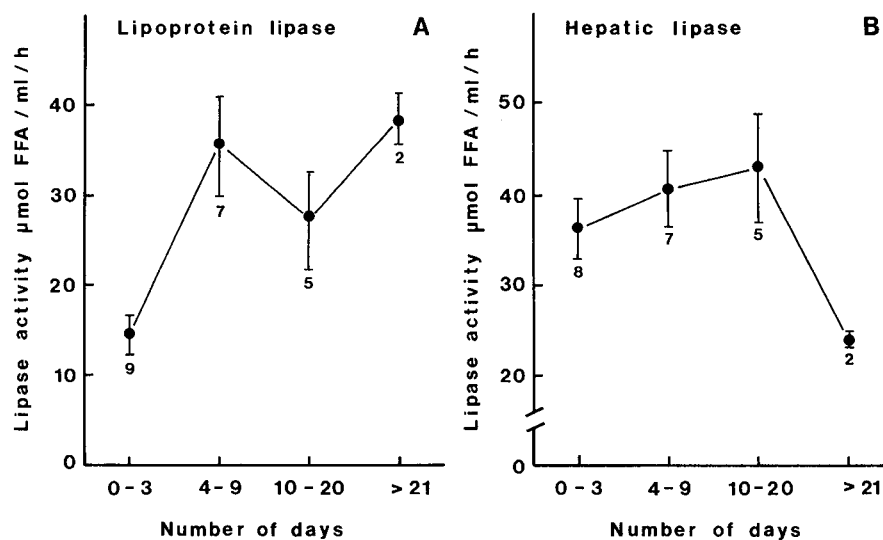


Fig. 4. Postheparin plasma lipoprotein and hepatic lipase activities (mean \pm SEM) of newborn infants during parenteral nutrition. For other details see Figure 1.

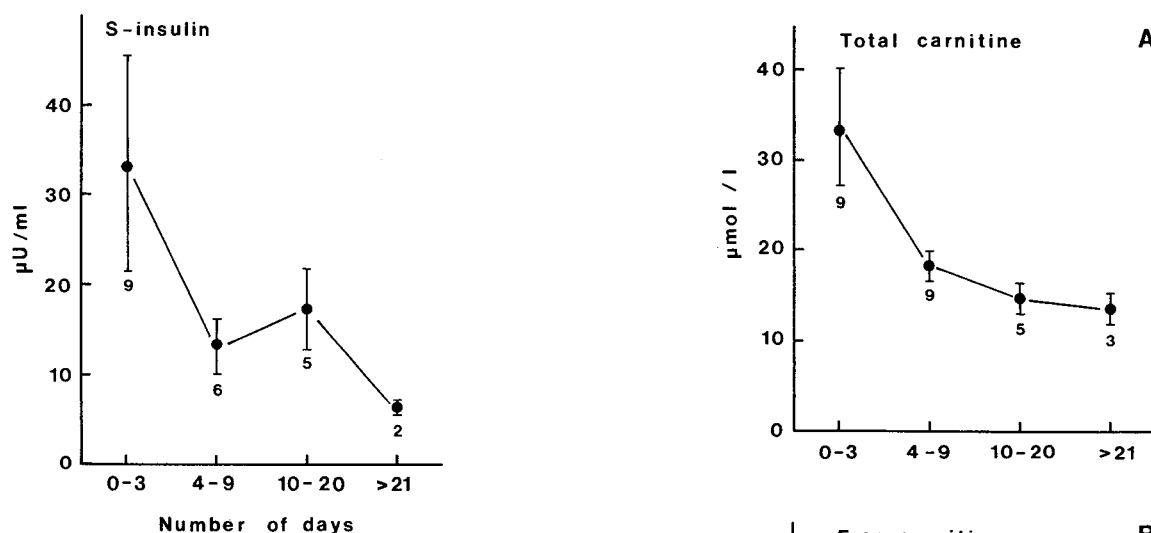


Fig. 5. Serum insulin concentration (mean \pm SEM) of newborn infants during parenteral nutrition. For other details see Figure 1.

stant. However, after 3 wk hepatic lipase activity decreased considerably in the two infants (patients 7 and 8) who were still under parenteral nutrition.

The decrease of serum insulin concentration (Fig. 5) during parenteral nutrition was not statistically significant.

Serum total, free, and acylcarnitine concentrations all decreased significantly ($p < 0.01$) during parenteral nutrition (Fig. 6).

Total carnitine excretion in urine at 0-3 days of age was on the average 114 nmol/mg of creatinine, and by the age of 10 days it decreased ($p < 0.05$) to 68 nmol/mg of creatinine.

During parenteral nutrition there was a low (14.5 μ mol/liter) serum carnitine concentration and no measurable urinary excretion of carnitine in one infant (patient 7) who died at the age of 5 months. Her total carnitine concentrations in muscle (27 nmol/mg of protein or 12 nmol/mg of dry weight) and heart (7.2 nmol/mg of protein or 4.9 nmol/mg of dry weight) were, however, normal when compared with five muscle biopsies from adults (19 nmol/mg of protein; SEM 2.0 or 13 nmol/mg of dry weight; SEM 1.1) and three heart muscle samples (6.7 nmol/mg of protein; SEM 1.1 or 3.1 nmol/mg of dry weight; SEM 1.4) from autopsied infants.

After parenteral nutrition the concentration of cholesterol (n

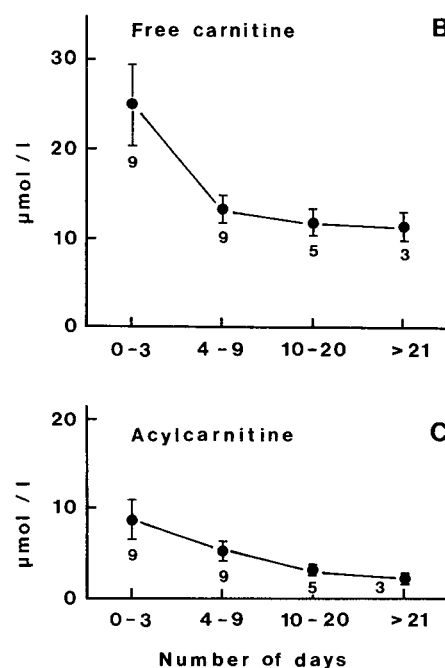


Fig. 6. Serum total, free, and acylcarnitine concentrations (mean \pm SEM) of newborn infants during parenteral nutrition. For other details see Figure 1.

= 5) and apolipoproteins B and A-II ($n = 4$) were as during parenteral nutrition. In contrast, phospholipid level ($n = 4$) decreased ($p < 0.05$) from 300 to 160 mg/dl and apolipoprotein A-I ($n = 4$) increased ($p < 0.05$) from 77 to 110 mg/dl. Also, serum concentration of free carnitine ($n = 4$) increased ($p < 0.05$) from 10.9 to 20.9 $\mu\text{mol/liter}$, whereas the increases in total carnitine and acylcarnitine were not statistically significant.

DISCUSSION

In agreement with Griffin *et al.* (13), it was found that serum cholesterol and phospholipids increased markedly in newborn infants during parenteral nutrition, which may result from fat emulsion infusion.

Apolipoprotein concentrations have not been measured previously in newborn infants during parenteral nutrition. I found that the concentration of apolipoprotein A-I remained constant, apolipoprotein A-II first increased and then decreased, and apolipoprotein B increased monotonically with age. Hence, during short-term parenteral nutrition apolipoproteins A-I and A-II seem to behave as in adults (30). The increase of apolipoprotein B may result, at least partially, from the increase of cholesterol and phospholipids that occurs in low density lipoproteins (13) because apolipoprotein B is the major protein moiety of low density lipoproteins. In breast-fed newborn infants the concentrations of apolipoproteins A-I, A-II, and B increase progressively with postnatal age (31). These apolipoproteins are in part synthesized in the intestine (12), which might explain why these apolipoproteins do not behave similarly during breast-feeding and parenteral nutrition.

Lipoprotein lipase activity has not been previously measured during parenteral nutrition in infants. I found that plasma lipoprotein lipase activity increased considerably during parenteral nutrition. This accounts for the increase of postheparin lipolytic activity that occurs in infants during parenteral nutrition (8). Also, lipoprotein lipase activity of adipose tissue has been shown to increase during parenteral nutrition in adults (30). The increase of lipoprotein lipase activity observed may relate to increasing daily caloric intake (8). However, in the present study the increase of lipase activity leveled off before caloric intake reached a steady state. On the other hand, it has been proposed that fat infusion induces lipoprotein lipase activity (8, 30). In agreement, the increase of lipoprotein lipase activity coincided with the beginning of fat infusion. Moreover, insulin is a known inducer of lipoprotein lipase (10). However, basal insulin concentrations, in contrast to lipoprotein lipase, did not increase during parenteral nutrition.

Triglyceride levels were high only occasionally during the first days of parenteral nutrition. Similarly, preterm infants younger than 1 wk of age seem to develop high peak levels of plasma triglycerides during fat infusion (25). These two findings are in agreement with the age-dependent increase of lipoprotein lipase activity found during parenteral nutrition (8) and suggest that lipoprotein lipase activity is not rate-limiting, except for the first days of parenteral nutrition.

Hepatic lipase activity has not previously been measured during parenteral nutrition. It was found that the activity of this enzyme remained unchanged during parenteral nutrition. However, after 3 wk hepatic lipase activity decreased considerably in the two infants who were still under parenteral nutrition. The decrease may result either from cholestatic liver damage that both infants had or from the increase of age because hepatic lipase activity in infants is higher than in adults (26, 27).

In accordance with previous studies (20, 22, 28, 29), it was found that carnitine concentrations in serum and urine decreased considerably during parenteral nutrition. Decreased serum carnitine in preterm infants has been reported to be associated with impaired fatty acid oxidation (22, 29). Because free fatty acid and β -hydroxybutyric acid concentrations remained unchanged during parenteral nutrition, it is possible that low serum carnitine

does not, in fact, reflect a shortage of carnitine in tissue. In agreement, the only infant autopsied had normal skeletal and heart muscle carnitine concentrations despite low serum and urinary levels. Thus, the rate-limiting role of carnitine remains unproven under the present circumstances. This conclusion is in agreement with the findings of Orzali *et al.* (23).

Acknowledgments. We thank Sirkka Runeberg, Paula Teräsväinen, Hannele Hilden, and Hannu Kamppinen for their skillful technical assistance.

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0031-3998/85/1903-0297\$02.00/0

PEDIATRIC RESEARCH

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Vol. 19, No. 3, 1985

Printed in U.S.A.

Newborn Sepsis following Antepartum Group B Streptococcal Maternal Infection in Rats

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ABSTRACT. Group B streptococcus is an important pathogen in man and infection due to this bacteria is responsible for significant mortality and morbidity in neonates. An animal model of neonatal infection caused by group B streptococcus that results from vertical transmission is described. Nine pregnant Sprague-Dawley rats received intraperitoneal inoculation of 10^9 – 10^{10} colony forming units of group B streptococcus on day 20 or 21 of gestation. Four of nine rats died following inoculation. A total of 51 pups was born to the surviving five mothers. Pups were sacrificed at 4- to 8-h intervals and cultures of blood, brain, liver, and spleen were obtained. Nineteen of 51 pups (37%) had group B streptococcus isolated from blood or tissues within the first 48 h of life. Results suggest that antepartum systemic infection in rats can result in vertical transmission of disease. This animal model can be used to further study the mechanisms of transmission of group B streptococcus and the pathogenesis and treatment of neonatal sepsis caused by this pathogen. (*Pediatr Res* 19: 297–299, 1985)

Abbreviations

GBS, group B streptococcus
ip, intraperitoneal
CFU, colony forming units

Group B streptococcal infection occurs in two to three newborns per 1000 live births in the United States (1). Prophylactic intrapartum antibiotic regimens directed at interrupting transmission of GBS from mother to neonate has resulted in reduction of newborn colonization and infection (2–4). Difficulties in identifying women at risk for delivering infants who may develop group B streptococcal infections, however, have made indications for these regimens unclear.

Although an animal model for newborn group B streptococcal

sepsis in the rat has been established (5) and GBS surface colonization of pups born to mothers colonized with GBS has been demonstrated (6), a model in the rat that involves newborn sepsis resulting from maternal colonization of infection has not been described. The purpose of this study was to develop an animal model of vertical transmission of newborn sepsis following group B streptococcal challenge of mothers. A better understanding of the mechanisms of transmission of GBS and the pathogenesis of early-onset neonatal sepsis may help in our approach to new prophylactic and therapeutic regimens.

MATERIALS AND METHODS

Preparation of organisms. A human isolate of GBS type III further characterized as resistant to opsonization (7) was incubated in Todd-Hewitt broth (Difco Labs) at 37° C for 18 h and adjusted to 10^8 – 10^9 CFU/ml in normal saline.

Animals. Pregnant outbred Sprague-Dawley rats (Charles River Labs) of 15–18 days gestation were obtained and housed in our animal quarters. On day 20 or 21 of gestation animals were given 2 ml of GBS inoculum (10^9 – 10^{10} CFU) ip through a 25-gauge needle in the right upper quadrant of the abdomen. Care was taken not to inoculate viscera or uterus. Blood cultures obtained by incising the distal tail were taken at 2, 24, 48, and 72 h following inoculation. Animals were closely observed and time of delivery was recorded. Soon after birth, and at regular intervals during the first 48 h of life, pups were sacrificed and cultures were obtained.

Isolation of GBS. Cultures were obtained from all dead adult females, stillborns, and sacrificed pups.

Blood for culture was obtained by aseptic intracardiac puncture with a 25-gauge needle attached to a tuberculin syringe and inoculated onto blood agar plates which were incubated overnight at 37° C.

Brain specimens were obtained by aseptic puncture of the cranium and aspiration with a 21-gauge needle attached to a tuberculin syringe. Brain tissue was inoculated onto blood agar plates and incubated.

Liver and spleen were aseptically removed from each animal upon opening the abdominal cavity. Care was taken not to incise the bowel or stomach and minimal bleeding was appreciated

Received August 24, 1984; accepted October 29, 1984.

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This research was supported in part by a grant from the Thrasher Foundation.