

Spontaneous development of intestinal and colonic atrophy and inflammation in the carnitine-deficient *jvs* (*OCTN2*^{-/-}) mice

Prem S Shekhawat, Srinivas Sonne, [...], and Vadivel Ganapathy

Abstract

Carnitine is essential for transport of long-chain fatty acids into mitochondria for their subsequent β -oxidation, but its role in the gastrointestinal tract has not been well described. Recently several genetic epidemiologic studies have shown strong association between mutations in carnitine transporter genes *OCTN1* and *OCTN2* and a propensity to develop Crohn's disease. This study aims to investigate role of carnitine and β -oxidation in the GI tract. We have studied the gastrointestinal tract effects of carnitine deficiency in a mouse model with loss-of-function mutation in the *OCTN2* carnitine transporter. *juvenile visceral steatosis* (*OCTN2*^{-/-}) mouse spontaneously develops intestinal villous atrophy, breakdown and inflammation with intense lymphocytic and macrophage infiltration, leading to ulcer formation and gut perforation. There is increased apoptosis of *jvs* (*OCTN2*^{-/-}) gut epithelial cells. We observed an up-regulation of heat shock factor-1 (HSF-1) and several heat shock proteins (HSPs) which are known to regulate *OCTN2* gene expression. Intestinal and colonic epithelial cells in wild type mice showed high expression and activity of the enzymes of β -oxidation pathway. These studies provide evidence of an obligatory role for carnitine in the maintenance of normal intestinal and colonic structure and morphology. Fatty acid oxidation, a metabolic pathway regulated by carnitine-dependent entry of long-chain fatty acids into mitochondrial matrix, is likely essential for normal gut function. Our studies suggest that carnitine supplementation, as a means of boosting fatty acid oxidation, may be therapeutically beneficial in patients with inflammation of the intestinal tract.

Keywords: Carnitine, fatty acid β -oxidation, inflammation, Crohn's disease, NEC

INTRODUCTION

Carnitine is obligatory for transport of long-chain fatty acids into mitochondria for their subsequent β -oxidation. Therefore, carnitine plays a critical role in the energy metabolism of the tissues that derive substantial portion of their metabolic energy from fatty acid oxidation such as heart, skeletal muscle, liver and placenta [1, 2]. Two distinct types of carnitine deficiency states have been identified; primary and secondary. Primary carnitine deficiency arises from defects in the plasma membrane carnitine transporter. Patients with this disorder excrete carnitine in urine due to defective reabsorption, and plasma and tissue levels of carnitine may drop below 10% of normal values [3, 4]. Secondary carnitine deficiency arises from defects in any of the enzymes involved in fatty acid oxidation. Patients with these disorders accumulate organic acids due to defective fatty acid oxidation, and these organic acids enhance urinary excretion of carnitine in the form of acylcarnitine [5].

Role of carnitine in gastrointestinal tract became a topic of discussion recently when several genetic studies linked mutations in genes coding for carnitine transporters *OCTN1* (SLC22A4) and *OCTN2* (SLC22A5) with Crohn's disease (CD). Patients with CD have been shown to have a missense substitution 1672C→T in *OCTN1* causes amino acid substitution L503F, and a G→C transversion in the promoter region of *OCTN2* (-207 G→C), which disrupts a heat shock binding element (HSE). Both these mutations are in strong linkage disequilibrium and create a two-allele risk haplotype. These mutations have been shown to cause a reduced carnitine uptake by *OCTN1* and a reduced expression of *OCTN2* in *in-vitro* experiments, thus potentially causing tissue carnitine deficiency [6]. These association studies suggest that carnitine transport deficiency might play a role in the pathogenesis of Crohn's disease. Though findings of this original report have now been replicated in over 19 studies in ethnically diverse populations, more recent studies have failed to confirm this association [7, 8]. To date, there is no direct evidence linking the reduced function of *OCTN1* and *OCTN2* to the clinical phenotype observed in Crohn's disease.

In this report, we present evidence for the occurrence of atrophy, ulceration and onset of inflammation in the small bowel in a mouse model with functional defect in *OCTN2* carnitine transporter. We also show that fatty acid β -oxidation enzymes are expressed abundantly in the epithelial cells of intestine and colon, suggesting that fatty acid oxidation facilitated by carnitine may be obligatory for the maintenance of normal gut morphology and function.

METHODS

Animals and preparation of RNA and protein samples

Heterozygous OCTN2^{+/+} mice are viable and fertile. Several pairs of OCTN2^{+/+} heterozygous males and females were mated to obtain homozygous OCTN2^{-/-} mice. Homozygous OCTN2^{-/-} mice in the litter were genotyped using a RFLP based method; [9] they can also be identified by 4-5 weeks of age when small size and weakness become apparent. Wild type (OCTN2^{+/+}) and homozygous (OCTN2^{-/-}) pups were sacrificed at 4 weeks of age to identify any GI tract pathology. Tissues from various parts of GI tract, freed from blood, were put in chilled phosphate-buffered saline (PBS) and snap frozen at -80° C for further analysis or fixed in 10% neutral buffered formalin solution at 4°C for 24 h prior to paraffin embedding for histological and immunohistochemical studies. Total carnitine in various tissues was measured by tandem mass spectrometry. All experimental procedures were approved by the Institutional Animal Care and Use Committee of Medical College of Georgia, GA, USA.

Immunohistochemistry

Mouse gut samples were fixed in 10% formalin and 2-5 µm thick sections of paraffin embedded tissue were cut, applied to glass slides, deparaffinized in xylene, and rehydrated in an ethanol gradient. Endogenous peroxidase activity was quenched by incubating the specimens in 3% H₂O₂ in methanol for 30 min. After equilibrating for 5 min in distilled water, the samples were subjected to heat antigen retrieval using citrate buffer (pH 6.0) in a microwave oven for 15 sec.

The slides were then washed and blocked using an Avidin/Biotin blocking kit (Vector Labs, Burlingame, CA) for 30 min followed by a blocking buffer (NEN-Life Sciences, Boston, MA) for 30 min. The blocking buffer was removed, and the sections were exposed to primary rabbit polyclonal antisera against one of the following β-oxidation enzymes; medium-chain acyl CoA dehydrogenase (MCAD), long-chain acyl CoA dehydrogenase (LCAD), very-long-chain acyl CoA dehydrogenase (VLCAD), short-chain L-3-hydroxyacyl CoA dehydrogenase (SCHAD), and long-chain 3-ketoacyl-CoA thiolase (LKAT). The primary antibody was used at following dilutions: MCAD (1:200), LCAD (1:400), VLCAD (1:200), SCHAD (1:200), LKAT (1:400) (Antibodies were kindly supplied by Dr Strauss, Vanderbilt University). The primary antibody was applied with 0.3% Triton X-100 in PBS overnight at 4° C. After two washes with PBS on the following day, secondary goat anti-rabbit biotinylated antibody (NEN Life Sciences Products Inc., Boston, MA) was applied at a dilution of 1:800 for 1 h at room temperature. The tertiary reagent Streptavidin horseradish peroxidase (Dako Corp, Carpinteria, CA) was then applied at a dilution of 1:1000 for 1 h at room temperature followed by application of 3,3-diaminobenzidine substrate for 1 to 5 min. The slides were rinsed, counterstained with Mayer's hematoxylin, dehydrated in ethanol, cleared with xylene, and mounted with glass coverslips using Histomount (Zymed Laboratories Inc., San Francisco, CA). We stained 3 to 5 sets of tissue for all five FAO enzymes.

Semi-quantitative RT-PCR for HSF-1 and HSPs

Primers were designed using Oligo[®] primer analysis software 6.0 (National Biosciences Inc. Cascade, CO). The nucleotide sequences of the primers used for RT-PCR are available on request. One microgram each of the total RNA from wild type and homozygous mouse gut scrapings was reverse transcribed with random hexamers and reagents from RNA PCR kit (Perkin Elmer, Norwalk, CT, USA) in a total volume of 20 µl. Consecutive PCR was performed using 1-2 µl of cDNA as template using standard methods. Primer pairs specific for hypoxanthine phosphoribosyl transferase-1 (HPRT) was used as an internal control because its expression in gut is minimally affected [10]. Amplification was carried out for 10 min at 96°C to activate the AmpliTaq Gold polymerase, followed by 30 cycles for 1 min at 95°C, for 1 min at 55°C, and for 1 min at 72°C, and a final extension for 10 min at 72°C. PCR products were visualized on 1.2% agarose gels stained with ethidium bromide, and densitometry was performed using a Spectralmager 5000 Imaging system and AlphaEase 32-bit software (Alpha Innotech, San Leandro, CA, U.S.A.).

Western blot analysis to study apoptosis

Fifty to 100 mg of gut tissue was lysed in RIPA buffer (Sigma, St. Louis, MO) containing 50 mM Tris-HCl, pH 8.0, with 150 mM sodium chloride, 1.0% Igepal CA-630, 0.5% sodium deoxycholate and 0.1% SDS with protease inhibitors using a Polytron homogenizer. The protein concentration of the supernatant was measured by the Lowry method. Twenty five µg of protein was analyzed by immunoblotting using 10% SDS-PAGE. The separated proteins were transferred onto nitrocellulose membranes, which were then blocked for 1.5 h at room temperature with TRIS-buffered saline/0.05% Tween-20 containing 5% non-fat milk.

Immunoblots were washed with PBS-T (phosphate-buffered saline with 0.1% tween 20) and subsequently incubated with commercially available antibodies (Santa Cruz Biotechnology, Inc. Santa Cruz, CA) against activated caspase 1, 3, extracellular-

signal related kinase 1 (ERK1 and p-ERK1), serine/threonine kinases (Akt1/2 and p-Akt1/2) and β -actin. Primary antibodies were applied at 1:500 dilution at 4°C overnight. Immunoblots were washed with PBS-T and incubated with horseradish peroxidase-conjugated goat anti-rabbit IgG antibody as the secondary antibody for 1.5 h and washed, and the proteins visualized by using the ECL Western blot detection system. A total of 4-5 blots were prepared for each enzyme and a representative immunoblot was analyzed with an Alphamager 3400 (Alpha Innotech Corp. San Leandro CA) using its AlphaEase® image analysis software for densitometry.

Meta-analysis of genetic studies showing association of CD with OCTN transporters

For the meta-analysis, we extracted data from each of the 19 studies as the number of subjects homozygous for TC haplotype (1672C→T in *OCTN1* and -207G→C in *OCTN2*) versus all other genotypes in the cases and controls. We found that only 12 studies provided complete data (incidence of mutations in controls and patients and odds ratio) which could be combined for our analysis. The genetic effect of TC was evaluated using the odds ratio (OR) of the disease for homozygous TC versus other genotypes. The point estimate and the 95% confidence interval (CI) for the odds ratio were estimated for each study from the extracted number of subjects. The pooled OR was estimated by the inverse variance method [11] where the odds ratio estimates from individual studies were weighted proportionate to the sample size for each study. The ORs were assessed for heterogeneity of genetic effect across studies using the Q statistic, which follows a chi-square distribution with $k-1$ degrees of freedom, where k is the number of studies. The extent of heterogeneity was estimated using the I^2 statistic [12], which ranges from 0 to 1 where 0 corresponds to perfect homogeneity among all studies. The standardized log odds ratio from the combined study was used to test for the overall genetic effect of TC haplotype on Crohn's disease, using the standard normal test [11]. All data are presented as mean \pm SEM and comparisons between paired samples were made by student's 't' test with Bonferroni's correction where applicable.

RESULTS

IBD5 locus mutations in OCTN1 and OCTN2 carnitine transporters and its association with Crohn's disease

After the initial association study of *IBD5* locus with CD by Rioux et al in 2001 [13], 19 large scale independent studies involving more than 5000 patients with CD and equal numbers of controls have confirmed this association with an odds ratio varying from 1.1 to 20. Our meta-analysis of the combined data from 12 of these studies including 3420 patients and an equal number of matched controls, indicated that the odds of acquiring CD when the risk haplotype was present ranged from 1.5 to 2.0 (Table 1). This analysis formed the basis of our investigation to study the effect of carnitine deficiency in a mouse model where there is a loss-of-function mutation in the carnitine transporter OCTN2.


 Table-1

Table-1

Homozygosity for mutations in carnitine transporter genes, *OCTN1* and *OCTN2* and propensity for Crohn's disease: A meta-analysis of published studies in patients homozygous for TC haplotype (1672C→T in *OCTN1* and -207G→C in *OCTN2* ...

OCTN2 null (*OCTN2*^{-/-}) mouse is a model of systemic carnitine deficiency

The homozygous *OCTN2* null (*OCTN2*^{-/-}) mice survive for about 4-5 weeks without carnitine supplementation but the heterozygous (*OCTN2*^{+/-}) mice are viable and fertile. At 3-weeks of age, the body weight of the *OCTN2*^{-/-} mice is about 50% compared to that of age-matched wild type mice. Furthermore, *OCTN2*^{-/-} mice develop enlarged fatty liver with steatosis of other organs and hypertrophic cardiomyopathy which led to its original designation as the juvenile visceral steatosis (*jvs*) mouse [9] (Fig-1).

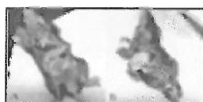


Figure 1

Gross pathology in 4-week old *jvs* (*OCTN2*^{-/-}) mice. Panel (A) is a wild type (*OCTN2*^{+/+}) mouse. It weighed 25g with normal looking healthy liver and bowel loops; in contrast the *jvs* (*OCTN2*^{-/-}) mouse (panel B) weighed only 12g and had gross fatty infiltration ...

Carnitine deficiency leads to gut atrophy, disruption of villous structure and inflammation of GI tract with spontaneous perforations and pus formation

The GI tract pathology of this mouse model was not studied previously, but on close inspection we found that the OCTN2^{-/-} mouse gut is small, thin, and pale with evidence of spontaneous perforations, pus in the peritoneal cavity and abscess formation in some cases (Fig-1). GI tissue carnitine content of the OCTN2^{-/-} null mouse is reduced to less than 5-10% (Table-2) of the wild type mouse. The whole gut epithelium from jejunum to colon is affected in the OCTN2^{-/-} mouse with clearly evident necrotic villi leading to generalized gut atrophy (Fig-2A-F). Several areas characterized by intense lymphocytic infiltration (Fig-3A) with dead or denuded villi in various stages of sloughing (Fig-3B) were observed. In addition, there were spontaneous perforations (Fig-3C) and micro-abscess formation mainly in the jejunum and ileum on frozen section H&E staining (Fig-3D). Immunohistochemical staining for macrophages using antibody against F4/80 antigen showed areas of intense macrophage infiltration in the villous core structure (Fig-3 E&F).

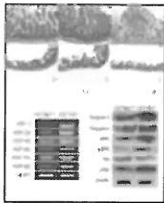


Figure 2
Gut histology in 3-week-old wild type (OCTN2^{+/+}) and j/vs (OCTN2^{-/-}) mice (H&E staining x10). Panels (A, B and C) represent photomicrographs of wild type (OCTN2^{+/+}) jejunum, ileum and colon respectively and panels (D, E and F) represent photomicrographs ...

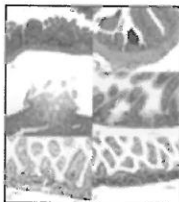


Figure 3
Histopathology of j/vs (OCTN2^{-/-}) mouse gut (H&E staining). Panel (A) is H&E staining of formalin-fixed section of OCTN2^{-/-} ileum showing intense lymphocytic infiltration, panel (B) from ileum shows necrotic villi (x20). Panel (C) is a ...

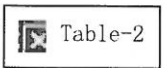


Table-2
Carnitine content of various tissues from wild type (OCTN2^{+/+}) and homozygous (OCTN2^{-/-}) mice and fatty acid oxidation enzyme activity in the wild-type (OCTN2^{+/+}) mouse gut tissues

Wild type (OCTN2^{+/+}) mouse gut epithelial cells express five key enzymes involved in mitochondrial β -oxidation of fatty acids

Since carnitine deficiency has such devastating effect on the gut, we examined gut sections of the wild type mice for expression of five key enzymes of the mitochondrial fatty acid β -oxidation pathway by immunohistochemistry: medium-chain acyl CoA dehydrogenase (MCAD), long-chain acyl CoA dehydrogenase (LCAD), very-long-chain acyl CoA dehydrogenase (VLCAD), short-chain L-3-hydroxyacyl CoA dehydrogenase (SCHAD), and long-chain 3-ketoacyl-CoA thiolase (LKAT). We found high expression of all the five enzymes with most intense staining localized to villous epithelial cells of the jejunum (Fig-4). A similar staining pattern was seen in sections of the ileum and colon (Fig-5 & 6). Gut scrapings from jejunum to colon were then used to measure the activities of LCHAD and SCHAD enzymes. The activity of LCHAD in gut scrapings of different regions varied from 1105 ± 98 to 1328 ± 111 nmol/mg/min compared to 302 ± 68 in the liver and 161 ± 101 in the skeletal muscle (Table-2). Likewise SCHAD activity in different gut regions varied between 1012 ± 132 to 1317 ± 122 nmol/mg/min (n=36) compared to 850 ± 273 nmol/mg/min in liver and 530 ± 354 nmol/mg/min in skeletal muscle. Thus activity of both enzymes in the whole gut was at least 3-to 4-fold higher than liver and skeletal muscle (Table-2), two tissues which utilize long-chain fatty acids to generate ATP.

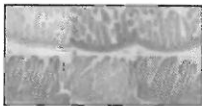


Figure 4
Immunohistochemical analysis of expression of fatty acid oxidation enzymes in 4-week-old wild type (OCTN2^{+/+}) mouse jejunum showing the complete villous structure (Bar represents 100 μ m). Panel A is a control negative section where no primary ...



Figure 5
Immunohistochemical analysis of expression of fatty acid oxidation enzymes in 4-week-old wild-type (OCTN2^{+/+}) mouse ileum showing details of villous tip (Bar represents 50 μ m). Panel A is a control negative section where no primary antibody was used and panels B to F show ...

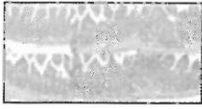


Figure 6
Immunohistochemical analysis of expression of fatty acid oxidation enzymes in 4-week-old wild-type (OCTN2^{+/+}) mouse colon (Bar represents 100 μ m). Panel A is a control negative section where no primary antibody was used and panels B to F show ...

Carnitine deficiency leads to increased apoptosis of gut epithelial cells and up-regulation of heat shock factor-1 and heat shock proteins

We examined apoptosis in the *jvs* (OCTN2^{-/-}) mouse gut in comparison to wild type littermates. With β -actin serving as control, we found evidence for activation of caspases 1 and 3 and for an increase in expression of phosphorylated extracellular signal-related kinase (pERK) and serine/threonine (Akt) (Fig-2H). *OCTN2* gene expression is regulated by certain heat shock elements in its promoter and we found a significant increase in gene expression of heat shock factor-1 and heat shock proteins 25, 40, 60, 70i (inducible) and 86 in gut scrapings from the *jvs* (OCTN2^{-/-}) compared to the wild type mice (Fig-2G). Thus, in a state of tissue carnitine deficiency, there may be a compensatory increase in heat shock proteins and heat shock factor-1 in an attempt to up-regulate the expression of OCTN2.

We also monitored the steady-state levels of mRNAs for OCTN1, OCTN3 and ATB^{0/+} in wild type and *jvs* (OCTN2^{-/-}) mouse gut. We were able to detect mRNAs for OCTN1 and ATB^{0/+} in the small intestine and colon, but the levels were not different between wild type mice and *jvs* (OCTN2^{-/-}) (data not shown). OCTN3 mRNA was not detectable in the small intestine and colon in both groups of mice.

DISCUSSION

Most of the 19 published studies examining mutations in the *IBD5* locus containing the OCTN1 and OCTN2 transporter genes showed a higher incidence of Crohn's disease in the risk haplotype positive group. These studies included diverse populations and originated from Canada [6, 13, 14], the UK [15-18], Germany [19], New Zealand [20], Spain [21], Italy [22, 23], Belgium [24], Greece [25], Sweden [26] and Japan [27, 28]. One Japanese and another Hungarian study with a small number of subjects found no association between OCTN 1&2 transporter polymorphisms and CD [28, 29]; thus there could be ethnic differences in *IBD5* locus mutations and propensity for Crohn's disease [7]. One recent genome-wide association study by the Wellcome Trust Case Control Consortium of UK using GeneChip 500K Mapping Array set did not find any association between mutations of OCTN 1&2 transporters and Crohn's disease [8]. Our meta-analysis of 12 studies, where complete data was available, revealed a modest association between the *IBD5* risk haplotype and CD. In spite of such strong association studies, there was little or no biological basis to suggest that tissue carnitine deficiency could lead to onset or progression of Crohn's disease [30, 31]. Mutations in the OCTN 1&2 transporters may or may not be associated with Crohn's disease, but our observations in the *jvs* mouse represent the first experimental evidence to suggest that a defect in carnitine transporter function in intestinal epithelial cells leads to atrophy of the small intestine and colon, and subsequent onset of inflammation.

The major function of gut epithelium is to digest and absorb nutrients. This is an energy-consuming process which requires constant and reliable availability of ATP. Therefore, it is not surprising that the enzymes of the mitochondrial fatty acid β -oxidation pathway are expressed and highly active in gut epithelium. This ATP-providing metabolic pathway, however, requires availability of carnitine to enable the transport of long-chain fatty acids into the mitochondria for subsequent β -oxidation. Thus, any process which inhibits the ability of enterocytes to utilize fatty acids to generate energy will disturb its internal milieu and have a damaging effect on gut health. The gut epithelial barrier is a dynamic structure and it works to exclude antigens from entering the tissues and stimulate an immune reaction. This barrier is easily breached in the OCTN2^{-/-} mouse with consequent stimulation of an immune response. Inhibition of gut fatty acid β -oxidation by specific inhibitors (i.e. sodium 2-bromo-octanoate) has been shown to produce experimental colitis [32, 33], highlighting the crucial role of fatty acid oxidation in this tissue. Furthermore, several anecdotal reports have shown a beneficial effect of carnitine enemas in some cases of distal inflammatory bowel disease [34-36]. Recently a lot of attention has been focused on short-chain fatty acids (SCFA) in distal gut

health [37]. SCFA are substrates for G-protein coupled receptors GPR41 and GPR43 and regulate colonic water and bicarbonate secretion and gut motility [38, 39]. Fatty acids not only exert nutritional effect on the gut but also are protective for enterocytes, serve as activators of transcription, and constitute precursors of inflammatory mediators [40, 41]. Fatty acid metabolism related genes are differentially regulated in IBD and are affected by presence of cytokines like TNF α and PPAR- γ ligands in the gut lumen [42].

Additional evidence supporting the role of carnitine in intestinal inflammation include the observation of carnitine deficiency having been implicated in sepsis syndrome due to its regulatory function in immune response and inflammation [43]. Carnitine has also been shown to modulate apoptosis by down-regulating proapoptotic Fas signals and suppressing the generation of ceramide, a key mediator of apoptosis. These factors are likely contributors to the pathology observed in the OCTN2^{-/-} mouse [44]. High turnover of intestinal epithelial cells requires replacement of apoptotic enterocytes to maintain the epithelial barrier function. In the OCTN2^{-/-} mouse the process of apoptosis is accelerated while the inability to replace these dying cells is diminished leading to a breakdown of the epithelial barrier. Intestinal lesions in CD are patchy and the disease runs a relapsing course. In contrast, the extensive pathology observed in the OCTN2^{-/-} mouse represents an extreme inability to oxidize long-chain fatty acids due to severe carnitine deficiency.

Patients with primary carnitine deficiency due to mutations in the *OCTN2* gene typically present with progressive cardiomyopathy, episodes of hypoketotic hypoglycemia associated with encephalopathy and hepatomegaly [45]. However, gastrointestinal studies have not been reported in these patients since they are effectively treated with carnitine supplementation. This, along with the observed positive effect of carnitine supplementation on gut health, leads us to postulate that carnitine supplementation may be beneficial to patients with intestinal inflammation. Carnitine supplementation and use of other pharmacologic methods to augment carnitine absorption by alternative transporters such as ATB⁰⁺ have been suggested for patients with primary carnitine deficiency [46] and such maneuvers may also be applicable to patients with intestinal inflammation.

It is also of interest to note that absence of a functional OCTN2 in *jvs* mouse does not lead to any noticeable changes in the expression of OCTN1 and ATB⁰⁺. Some studies have reported that OCTN1 is capable of mediating carnitine uptake [6], but we could not reproduce these results in our laboratory using cloned rat and human OCTN1 (unpublished data). ATB⁰⁺ is a low-affinity transporter for carnitine [47]. The present data showing that neither the expression of OCTN1 nor the expression of ATB⁰⁺ is altered in the *jvs* (OCTN2^{-/-}) mice show that there is no compensatory up-regulation of other potential carnitine transporters in the intestinal tract when OCTN2 is defective.

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Footnotes

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Prem S Shekhawat,^{1,4} Srinivas Sonne,¹ Dietrich Matern,⁵ Michael J Bennett,⁶ Richard Boriack,⁷ Varghese George,² Hongyan Xu,² Puttur D Prasad,⁴ Penny Roon,³ and Vadivel Ganapathy⁴

¹Department of Pediatrics, Medical College of Georgia, Augusta, GA 30912

²Department of Biostatistics, Medical College of Georgia, Augusta, GA 30912

³Department of Cellular Biology & Anatomy, Medical College of Georgia, Augusta, GA 30912

⁴Department of Biochemistry & Molecular Biology, Medical College of Georgia, Augusta, GA 30912

⁵Departments of Laboratory Medicine and Pathology, Medical Genetics and Pediatric and Adolescent Medicine, Mayo Clinic College of Medicine, Rochester, MN 55905

⁶Department of Pathology and Laboratory Medicine, Children's Hospital of Philadelphia, Philadelphia, PA 19104

⁷Metabolic Diseases Laboratory, Children's Medical Center of Dallas, Dallas, TX 75235

CONTACT INFORMATION: Prem S Shekhawat, MD, Department of Pediatrics, BIW 6033, 1120 15th Street, Medical College of Georgia, Augusta, GA 30912. Phone: (706) 721-5128, Fax: (706) 721-7531, E-mail: llun@ved.otliam

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